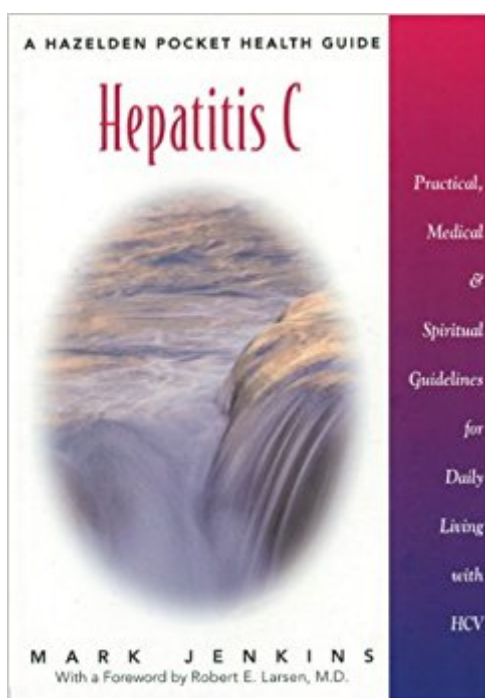


The book was found

Hepatitis C: A Hazelden Pocket Health Guide (Hazelden Pocket Health Guides)



Synopsis

Practical, Medical and Spiritual Guidelines for Daily Living with HCV. For those facing the daily challenge of living with the hepatitis C virus (HCV), this handy book offers a healthy dose of hope and practical advice. A day-to-day guide to managing the disease, Hepatitis C combines up-to-date medical information with a spiritual program, rooted in the Twelve Steps, for coping with the issues associated with HCV infection. In clear, non-technical language, Mark Jenkins discusses the causes, symptoms, and progress of HCV, as well as the latest medical guidelines for containing the disease. He describes complementary treatments and provides information on liver transplantation. With attention to the mind-body connection, Jenkins focuses on strategies for maintaining physical, mental, emotional, and spiritual health. His authoritative, practical, and compassionate guide points the way to a life with HCV that is not just livable but also deeply rewarding.

Book Information

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Average Customer Review: 4.0 out of 5 stars 1 customer review

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Customer Reviews

Mark Jenkins is the coauthor of *The Sports Medicine Bible* and *Sportswise: An Essential Guide for Young Athletes, Parents, and Coaches*. He lives on the island of Martha's Vineyard off the coast of Cape Cod, Massachusetts.

This book provides a brief overview of hepatitis C, utilizing the spiritual principles of Alcoholics Anonymous for managing hepatitis C in one's daily life. I admire the author's approach, offering

readers practical, medical, and spiritual guidance for how to live with hepatitis C. The treatment information is outdated, but the message and tools are timeless.

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Hepatitis C Treatment: Spot The Symptoms Early And Get Rid Of Hepatitis C Forever (Hepatitis C Transmission, Hepatitis C Cure, Hepatitis C Symptoms , Preventing Hepatitis C) Hepatitis C: A Hazelden Pocket Health Guide (Hazelden Pocket Health Guides) Healing Hepatitis & Liver Disease Naturally: Detoxification. Liver gallbladder flush. Alternative remedies for hepatitis C. Heal Hepatitis B with natural ... remedies. Stop cirrhotic progression Healing Hepatitis and Liver Disease Naturally: Detoxification. Liver gall bladder flush & Cleanse. Cure Hepatitis C and Hepatitis B. Lower blood cholesterol and stop cirrhosis Dr. Melissa Palmer's Guide To Hepatitis and Liver Disease: A Practical Guide to Understanding, Treating & Living with Hepatitis & Liver Free from Hepatitis C: Your Complete Guide to Healing Hepatitis C Hepatitis B Treatment: An Essential Self-Help Guide for Treating and Curing Hepatitis B (Hep B) Get Hepatitis C Medication From India: Ultimate Guide to Saving Over 90% On the Cost of Hepatitis C Treatments Hepatitis C Treatment: An Essential Guide for the Treatment of the Hepatitis C Virus (Hep C) Hepatitis C Symptoms, Treatment and Cure: Survivor's true story of 12 week treatment and cure (Hepatitis C Symptoms Treatment and Cure Series) HEPATITIS: HOW TO OVERCOME HEPATITIS (A, B, C, D, E, AND X). Healing Hepatitis C: A Patient and a Doctor on the Epidemic's Front Lines Tell You How to Recognize When You Are at Risk, Understand Hepatitis C ... C, and Advocate for Yourself and Others Healing Hepatitis C: A Patient and a Doctor on the Epidemic's Front Lines Tell You How to Recognize When You Are at Risk, Understand Hepatitis C Tests, ... C, and Advocate for Yourself and Others The Book of Hepatitis C: 7 Simple Strategies to Shift From Surviving to Thriving After Hepatitis C The War Against Hepatitis B: A History of the International Task Force on Hepatitis B Immunization pocket guides Oslo, 4th: Compact and practical pocket guides for sun seekers and city breakers (Thomas Cook Pocket Guides) Monte Carlo Pocket Guide, 4th: Compact and practical pocket guides for sun seekers and city breakers (Thomas Cook Pocket Guides) Antigua Pocket Guide, 2nd: Compact and practical pocket guides for sun seekers and city breakers (Thomas Cook Pocket Guides) Barbados Pocket Guide, 2nd: Compact and practical pocket guides for sun seekers and city breakers (Thomas Cook Pocket Guides) Dusseldorf Pocket Guide, 3rd: Compact and practical pocket guides for sun seekers and city breakers (Thomas Cook Pocket Guides)

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